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PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Free Cooking Class Tour Comes To UB Apartments

*UB Chef Jean Stone to host hands-on demonstration cooking;
tips on shopping, grilling and many how-to's in the kitchen.*

(Buffalo, NY) – Campus Dining & Shops is proud to present a new culinary cooking series exclusively for UB Apartment Residents. UB Chef Jean Stone will be hosting four classes; one each in Flint, Hadley, Creekside and South Lake Village Apartments. Each session, which will run for 90 minutes, will provide an intimate and interactive setting where residents participate in a hands-on demonstration cooking class.

“We are extremely excited to offer this program on campus - Jean Stone is a rising culinary star here at UB and we’re pleased to showcase her talents,” said Jeff Brady, interim executive director for Campus Dining & Shops. “Each of the four unique sessions will feature a different entrée recipe, which the class will prepare and then get to enjoy.” Each participant will also receive a Cuisine Packet, which contains information on tips for shopping, culinary terminology, measuring and tools of the trade, tips for grilling and navigating a farmers market.

Chef Stone’s professional experiences as executive chef for The Palm, along with her bachelor's in Applied Science in Culinary Arts suit her well to bring creative, exciting and authentic flavors and menus to the University at Buffalo.

The schedule for the four classes is as follows:
Hadley Village – Saturday, March 21 at 1:00pm
Flint Village – Saturday, March 28 at 2:30pm
Creekside Village – Saturday, April 4 at 2:30pm
South Lake Village – Saturday, April 11 at 2:30pm

Residents interested in any or all of the classes can sign up in the respective complex Community Office beginning Monday, February 16. The class is free but space is limited. No walk-ins will be permitted. Informational flyers are available in all Apartment complexes.

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Campus Dining & Shops’ primary purpose is to offer a variety of high quality, high value, and innovative dining options designed to fit the varied lifestyles and nutritional needs of the University community. Serving foods from local growers, striving to achieve sustainability, and expanding the availability of dining choices are ways that we enrich the dining experience. We challenge our experienced and knowledgeable employees daily to provide exemplary customer service. Campus Dining & Shops is a multi-unit company employing over 700 people. In addition to providing the University’s dining services, CDS also serves the UB community through management of the UB Card Office, Campus Catering, Retail and Convenience Stores, and Vending. In our day-to-day operations we rely on inherent core values: quality items, value prices, environmentally friendly settings, ethical treatment of all, and conducting all phases of our business with integrity.